

## ABSTRACT

The Integrated Development Center (Pos Pembinaan Terpadu – Posbindu) was established as the platform for community's participation, in the effort to prevent and control the risk of diseases on all categories. Within the category of non-transmittal disease (Penyakit Tidak Menular – PTM), there is an increase of patients by 1% between 2007 and 2013. In order to address this issue, Posbindu was appointed to conduct a prevention and control programs on PTM by the Indonesian Ministry of Health. PTM would include diseases such as asthma, lung-related diseases, cancer, diabetes, hypertension, cardiovascular-related disease, stroke, kidney-related diseases, and joint-related diseases, which commonly hit the elderly citizens. Therefore, the current community development program would conduct a counseling activity, focusing on gerontic approach, towards the employees of Posbindu. The goal is that these employees, the younger generations in particular, would able to deliver the PTM program towards the elderly citizens with innovative and problem-solving endeavor.

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