

ABSTRACT

Restrictive housing or prisoner is used for diverse reasons and contains myriad challenges. Individuals can be placed in restrictive housing for rule violations (i.e., disciplinary segregation), posing a risk to security or safety in the facility (i.e., administrative segregation), or because they are deemed at risk in the general population (i.e., protective custody). Criminal thinking is defined as “attitudes, beliefs, and rationalizations that offenders use to justify and support their criminal behavior” (Walters, 2012, p. 272). It supports criminal behavior before, during, and after the offense (Maruna & Mann, 2006, p. 155). Criminal thinking can be reduced through intervention.

The Taking a Chance on Change (TCC) program is a psychoeducational, in-cell, self-administered intervention that can be administered to inmates in restrictive or segregated housing. Taking a Chance on Change (TCC) is a structured in-cell treatment program designed to provide inmates housed in long-term restrictive/segregated units with the opportunity to participate in psychoeducational programming. The purpose of TCC is to address cognitive and behavioral deficits, as well as challenges common among inmates in long-term restrictive housing such as impulse control, anger, emotion regulation, effective communication, goal-setting, and long-term planning. TCC is divided into eight units, each of which includes between four and eight modules (50 total modules).

Keyword : Reducing, Criminal Thinking, Prisoner