

ABSTRACT

Smartphones or gadgets as a communication technology is like a double-edged knife; on the one hand it is very beneficial, but on the other hand it also has a negative impact, especially on the younger generation. Today more and more children are spending time playing gadgets rather than learning or engaging in activities that involve physical contact games with peers. Communication patterns have now shifted from being face-to-face dialogue to becoming more individual. The use of gadgets in children today is even considered alarming because not a few children are addicted to gadgets. Students become the target of this activity so that they want to do healthy physical activities, and not merely depend on gadgets. In this community service program, students are given counseling with regard to gadgets and their impact on students and prevention efforts due to gadgets addiction.

Keywords: gadget, smartphone, addiction, teenagers, children